



# SALA Active Programme

**TIME: 07:30 - 08:30**

Complimentary session

Wednesday	:	Yoga
Saturday	:	Yoga

Private Yoga Session 60 minutes: upon request and availability

One person	THB 1,500 net
2 or more persons	THB 1,000 net (per person)

24- hour advance reservations are required

Please arrive 15 minutes before classes start

Yoga classes will be at Moon Pool (Maximum 10 persons)

For reservation or more information: please contact [spamgr@salachaweng.com](mailto:spamgr@salachaweng.com)